



Internet Safety Insights



Start the Conversation!

"It's your life. These are your friends. As you socialize online, I cannot always protect you. So, I want to help you learn how to be safe, to guard your personal privacy and security. You knowing this stuff can even help your friends stay safe."

1

ACCESS:

Phones, Laptops, iPads, and Video Game Consoles are all items predators use to reach your child

2

PROTECT:

Keep internet devices out of the bedroom. Keep games/computers in the living room. Charge them in parent's bedroom at night.

3

SOCIAL MEDIA:

Have your child show you ALL social media apps on their devices & how they work. Add those apps to your device and friend/follow your child

4

APPROPRIATE FOLLOWERS:

Ensure your child knows everyone on their friend/follow lists and that they never accept requests from strangers.

5

MONITOR:

Review your child's chat history to see who is talking to them. Be suspicious of predators, not your child.

6

EMPOWER:

Explain there are dishonest people who will manipulate them into dangerous situations and predators who will try to win their trust by pretending to love/care for them

7

CONNECT:

Ensure they know you are available to ask if something or someone is good or bad. Be direct & ask if: they have seen pornography online, anyone asked for or sent a nude photo, they would know what to do if that happened, anyone talked to them about sex, offered gifts, or told them to keep their friendship a secret.


8

ASSURE:

Ensure they know if any of the things in #7 have happened or are happening they can safely tell you and you will help them navigate it. Make sure they know you will still love them no matter what.

**Safety Apps
for Phones**

Grab an App designed to help kids in an emergency. They can:

- send a GPS location with a touch 
- set off a siren
- make a fake call
- send notifications



Find them on Google Play or the App Store

- Circulo (English & Spanish)
- BSafe

Utilize device monitoring solutions to help your child navigate the internet safely.

- WebWatcher - webwatcher.com
- TeenSafe - teensafe.net
- Bark - bark.us

**Device
Monitoring**

More resources available at www.polaris.org, www.sharedhope.org

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